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SEEDS OF TRANSFORMATION: CHOOSING TO LIVE AN AUTHENTIC LIFE



Charmaine Shaw, United States, 2013. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Why do you hold onto certain beliefs? When do you stop and ask why is this so? Holistic life coach, Fitness Advocate, and Grass-Root Speaker Charmaine Shaw bursts onto the scene with her debut self-help book, Seeds of Transformation: Choosing to Live an Authentic Life, which answers these questions and invites readers to change. If we have...

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- Authored by Charmaine Shaw
- Released at 2013



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