



When the Music Changes: What Adversity Taught Me about the Healing Power of Family and Faith (Paperback)

By Elfreda Winstead Massie Phd

Platform Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In this page-turner of a memoir, Dr. Elfreda W. Massie seeks to answer this question: Why do some people experience extraordinary hardship yet manage to stay positive and flourish while others who ve enjoyed good health, stable families, and relative privilege stumble over the slightest bump in the road? The question has intrigued Dr. Massie as someone who has experienced a generous helping of hardship-racial prejudice and major health issues-in her roles as a public educator, community leader, spouse, and mother. She asks, What role do we as parents, educators, and community leaders play in helping or hindering the ability of others to meet and rise above life s obstacles? Where do winning life skills come from and how can we nurture them? This book is her very personal answer, described and discussed as a professional: What sustains me-what has allowed me to honestly say I have led a rich, rewarding, and joyful life in spite of it all-is the power I draw from my self-identity. Self-identity begins with family mythology-the stories of obstacles overcome, role models in her family who showed her...



READ ONLINE
[2.18 MB]

Reviews

This publication can be really worth a go through, and a lot better than other. It is actually writter in straightforward words and phrases instead of confusing. I discovered this pdf from my dad and i suggested this publication to learn.

-- Jackeline Rippin

A high quality book and also the font employed was intriguing to read. I was able to comprehended every thing out of this created e book. You wont really feel monotony at whenever you want of the time (that's what catalogues are for concerning should you check with me).

-- Prof. Johnson Cole Sr.