# Colour the Crazy Stress Away!: A Colouring Book for Adults to de-Stress and Relax (Paperback)



Filesize: 6.75 MB

# Reviews

Complete information for publication enthusiasts. I have go through and that i am confident that i will gonna go through once more again in the future. Its been printed in an exceptionally basic way and is particularly just following i finished reading through this book by which basically altered me, alter the way i really believe.

(Angela Kuhn)

# COLOUR THE CRAZY STRESS AWAY!: A COLOURING BOOK FOR ADULTS TO DE-STRESS AND RELAX (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.COLOUR THE CRAZY STRESS AWAY! Would you like to be completely de-stressed and relaxed? Colour therapy is a fantastic thing and through colouring in beautiful images you will feel wonderful. Colour the Crazy Stress Away! is suitable for all ages and features 32 pages of illustrations that I ve hand drawn for you; images ranging from simple to detailed in complexity which adds variety to your beautiful colouring sessions, many different and unique and delightful details sure to make you smile. As you begin to relax and feel any tension and worries disappearing as you unleash your inner artist, you will feel yourself drifting away into a wonderful world of imagination and contentment. The back of each illustrated page is blank (other than an inspiring and entertaining quote on it to make you feel great inside) to prevent bleed-through from ink pens touching the next image. For added reassurance, please place a thick sheet of paper or cardboard between each page. I ve placed a border around each set of illustrations to make it easier for you to cut them out if you d like to frame them for yourself or to give as gifts to friends and family. The size of the book and pages is a large 8 x10 of bright, white paper so that your colours will shine like the sun. How beautiful! Feel free to show me and other colourists on Amazon, your completed results. Thank you so much. My book guarantees you so many happy and relaxed hours and I hope that you enjoy these precious moments as much as I did when I created it for you. I hope that you enjoy a lovely, calm and...



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