



## The Three Spirits, Second Edition. Applications of Huna to Health, Prosperity, and Personal Growth.

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Spiralpress. Paperback. Book Condition: New. This item is printed on demand. Paperback. 272 pages. Dimensions: 9.0in. x 6.1in. x 0.8in. This book is an invitation to know yourself. By understanding the structure of your inner mind, you will discover extraordinary latent abilities awaiting to be developed. You can use the principles of Huna to improve your health, better your finances, increase wealth, acquire material possessions you desire, achieve personal and professional objectives, enrich your relationship with others, and enhance the overall quality of life. Perhaps you have used visualization before, but do not know why sometimes it does not work. Know the forces and meet the entities of your mind that control the art of mental creation. Develop and use the skills necessary to effectively and efficiently achieve your desires. Huna means secret in the Hawaiian language. It refers to the coded knowledge of the ancient Kahunas, who were known for healing the sick, controlling the weather, walking over hot lava, and predicting and changing the future. Huna techniques are combined with Thought Field Therapy (TFT) and Emotional Freedom Technique (EFT). TFTEFT methods are based on energy therapies similar to acupuncture. They have been shown to effectively remove deep psychological fixations,...



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