



Client Issues in Counselling and Psychotherapy: Person-centred Practice (Paperback)

By -

Sage Publications Ltd, United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. This is the first book to focus on commonly occurring client issues and explore how to work with them from a person-centred perspective. Extensive case studies translate person-centred theory into effective practice, enabling therapists to work successfully with clients presenting a variety of different problems including: - Post Traumatic Stress - Depression - Panic and Anxiety - Drug and Alcohol Issues - Eating difficulties - Self harm - Childhood Sexual Abuse Each chapter covers the origin and meaning of the difficulty, the person-centred therapeutic approach and process, and the outcomes. Drawing from a combined 50 years of experience in the field, Paul Wilkins and Janet Tolan bring together leading person-centred therapists to address how and why each problem can be eased by means of working with the person. This book should be on the desk of every counselling and psychotherapy trainee, and is recommended reading for other practitioners of health and social care working with these client groups.



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