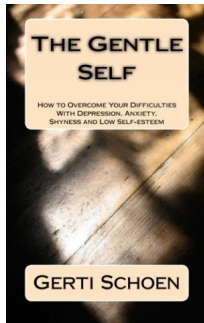


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THE GENTLE SELF: HOW TO OVERCOME YOUR DIFFICULTIES WITH DEPRESSION, ANXIETY, SHYNESS AND LOW SELF-ESTEEM



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- Authored by Schoen, Gerti
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