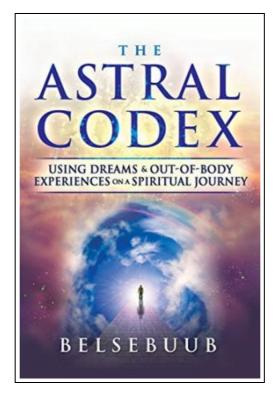
# The Astral Codex: Using Dreams and Out-Of-Body Experiences on a Spiritual Journey (Paperback)



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## Reviews

It in a of my personal favorite ebook. It is probably the most awesome publication i have read through. You wont really feel monotony at anytime of the time (that's what catalogs are for regarding in the event you check with me).

(Juliet Kertzmann)

### THE ASTRAL CODEX: USING DREAMS AND OUT-OF-BODY EXPERIENCES ON A SPIRITUAL JOURNEY (PAPERBACK)



Mystical Life Publications Ltd, 2016. Paperback. Condition: New. 5th ed.. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. A Guide to Using Out-of-Body Experiences for Spiritual Development The Astral Codex is an effective, practical, and comprehensive guide to what out-ofbody experiences are, what to see and do in the astral plane, how it fits into the structure of life, and how to use it for spiritual development. Throughout history, seekers of spiritual wisdom have traveled beyond the body into other dimensions to explore a wider reality. Their experiences formed the basis of otherworldly accounts found in many of the world s sacred teachings. Drawing on decades of out-of-body experiences, Belsebuub explains how someone can use astral travel to seek out spiritual knowledge today. The Astral Codex is based on the popular A Course in Astral Travel and Dreams by Belsebuub-a course created in 2001 that was studied online and in-person, and taken by tens of thousands of people worldwide. 67 of people surveyed who took the course reported having an out-of-body experience as a result of it. The Astral Codex includes sections with detailed QAs from the course. Find out what lucid dreaming and astral projection is. Learn about the multi-dimensional nature of reality. Learn about what the astral plane is and how to travel there. Discover what dreams mean and how to remember them. Learn how to explore destinations in the astral plane. Discover how to become successful at astral projection. Overcome common obstacles to conscious astral travel. Find out how the mind and emotions affects our ability to perceive other dimensions. Learn about how we leave our body every night with sleep. Discover how dreams and the astral plane are connected. Learn about the different ways someone can have an out-of-body experience (OBE). Discover the stages...



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