



## Tools for Strengths-Based Assessment and Evaluation

By Dr. Catherine Simmons PhD

Springer Publishing Company. Paperback. Condition: New. 560 pages. Dimensions: 11.0in. x 8.5in. x 1.3in. Catherine Simmons, PhD, LCSW Drs. Simmons and Lehmann have given all of us in the helping professions-practitioners and researchers alike-a comprehensive resource for finding and selecting psychometrically sound, practical, strengths-based measures that we can use not only to look at the results but to do so in a way that we measure others by their strengths. We look forward to seeing this invaluable resource on every social workers desk in the coming years. -John G. Orme, PhD, MSW Professor, University of Tennessee -Terri Combs-Orme, PhD The Urban Child Institute Endowed Professor Traditionally, assessment and evaluation have focused on the negative aspects or deficits of a clients presentation. Yet strengths, health, and those things that are going right in a persons life are key protective factors in the prevention and treatment of many mental health problems. Thus, measuring strengths is an important component of a balanced assessment and evaluation process. This is the first compendium of more than 150 valid and reliable strengths-based assessment tools that clinicians, researchers, educators, and program evaluators can use to assess a wide array of positive attributes, including well-being, mindfulness, optimism, resilience, humor,...



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