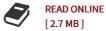


Manifesting Inner Tranquility: Rune Journaling the Elder Futhark: Journaling Includes Rune Number Use (Paperback)

By Hildegard Heidel Schunke

Solfeggiosound Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Learning to discern energies and enhancing inner dialogue can be done in simple, fun steps of 5 minutes a day. Using energy discernment selections, your own energies work through Elder Futhark Rune characters as inner talk. The communication reinforces self-trust, opening doors to inner knowing. Journaling the results displays patterns of embedded choices for review and release. Dagaz pictured on the cover suggests that now is the time to embark on a soul journey. The power of change is directed by your own will into transformational trust of self. Relaxing into improved inner dialogue brings inner tranquility.



Reviews

The ebook is straightforward in go through preferable to recognize. It typically does not charge too much. Its been designed in an exceptionally straightforward way and it is just following i finished reading this book where basically altered me, affect the way i really believe. -- Dr. Reta Murphy

It becomes an amazing pdf which i actually have at any time read through. This can be for all those who statte there had not been a worthy of reading through. You wont sense monotony at anytime of your own time (that's what catalogues are for relating to should you check with me). -- Claud Kris