



Arthritis Knee: .Discover the Secret Tips for Knee Arthritis Pain Relief with the Special Arthritis Diet and Arthritis Exercises That Works For a Quick Rheumatoid Arthritis Treatment

By Brian Jeff

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 30 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Without doubt, this is true of most people we will have to come to terms with the issue of osteoarthritis in our lives. Well, if you don't agree, I like to let you know that currently, one in every four people has it, and the number of people who have it is on the rise. In fact, over 66 of the people who have it are under 65 according to the Center for Disease Control and Prevention (CDCP). To be specific, the CDCP says, Arthritis affects more than 52 million adults in the United States alone and is the most common cause of disability. Well, we all know that it is not given the attention of other maladies both public awareness and treatment. But the truth is that Osteoarthritis is the most common type of arthritis of the knee. Besides the fact that it is called degenerative joint disease, osteoarthritis is characterized by progressive erosion of cartilage. Yes, as the protective cartilage wears off the knees, the bones are exposed within the joint. However, Arthritis should not be taken lightly...



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