

Lucid Dreaming: Accessing Your Inner Virtual Realities (Paperback)

Filesize: 7.88 MB

Reviews

This book may be worth purchasing. I am quite late in start reading this one, but better then never. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Esta Price)

DISCLAIMER | DMCA

LUCID DREAMING: ACCESSING YOUR INNER VIRTUAL REALITIES (PAPERBACK)



DOWNLOAD PDF

Daily Grail Publishing, Australia, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Forget your 3D cinema and TV, and your virtual cyber-worlds - these are but pale electronic imitations of what you can access through your own mind. This book shows you how to dream lucidly, which means waking up inside dreams while still physiologically asleep. Lucid dreaming is a genuine altered state of consciousness, not merely vivid dreaming, in which you can find yourself in other realities that seem as real as waking consciousness. There is no limit to the creations you can explore, because the biological wonder that is your brain is the most complex thing we know of. You can have fun, meet departed friends and relatives as if they were still alive, rehearse actions you have to undertake in the normal world of daily reality, experience mystical and paranormal mind states, and much more. A third of our life is spent asleep, and in an average lifetime we experience about half a million dreams. Yet for most of us that part of our existence is like a closed book. We might remember an occasional vivid dream, but usually our dreams are just vague, fragmented shadows that evaporate in our minds as soon as we open our eyes. This book explains the history and nature of dreams and lucid dreams, and then presents a uniquely comprehensive range of techniques, tools and aids for attaining lucid dreaming. So leave your 3D glasses behind and train yourself to plunge into the inner virtual worlds that lie beyond your dreams.

Read Lucid Dreaming: Accessing Your Inner Virtual Realities (Paperback) Online
Download PDF Lucid Dreaming: Accessing Your Inner Virtual Realities (Paperback)

Related PDFs

=

Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had... **Download Document**

_

Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who...

Download Document

Patent Ease: How to Write You Own Patent Application

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Patent Ease! The new How to write your own Patent book for beginners!... **Download Document**

~

		$\$
	=	-

No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends ? Are you tired of not having any... **Download Document**

»

Twitter Marketing Workbook: How to Market Your Business on Twitter

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. Twitter Marketing Workbook 2016 Learn how to market your... **Download Document**