



Paradise Below Zero: The Classic Guide to Winter Camping

By Calvin Rutstrum

University of Minnesota Press. Paperback. Condition: New. 256 pages. Dimensions: 8.1in. x 5.8in. x 0.9in. SportsTravel Indispensable advice on enjoying the great outdoors in winter. With the public's growing interest in outdoor adventure and in simple pastimes, winter wilderness camping has again become an exhilarating alternative to sheltered urban life. Originally published in 1968, this classic guide for cold-weather enthusiasts by renowned wilderness expert Calvin Rutstrum is available again, now in an easy-to-pack paperback edition. Paradise Below Zero provides essential information on wilderness adventure in subzero temperatures. Readers benefit from Rutstrum's knowledge of winter clothing, from choosing the proper mittens to selecting the indispensable footwear; traveling methods, including running a dogsled team; and emergency techniques, such as treating snow blindness and caring for someone who has broken through the ice. Rutstrum affectionately reflects on winter life and enthusiastically gives examples of how native peoples of the north and trappers have fought the cold. This colorful book will be of interest to anyone who has ever survived a northern winter. Calvin Rutstrum (1895-1982) was one of the best-known outdoorsmen of his generation and the author of many books, including *The Wilderness Route Finder*, *North American Canoe Country*, and *The New Way of...*



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