



## Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation

By Vicky Thompson

Red Wheel/Weiser. Paperback. Book Condition: new. BRAND NEW, Life-Changing Affirmations: A 30-Day Plan for Spiritual Transformation, Vicky Thompson, Here is a complete spiritual practice that can be done in just minutes a day with powerful results. This 30-day plan is designed to promote a deeper awareness of five key spiritual qualities - love, intuition, inner wisdom, forgiveness, and service - and bring about noticeable changes in the way we perceive and handle the events in our everyday lives. Each daily affirmation and short meditational prayer focuses on a specific spiritual state.



**READ ONLINE**  
[ 4.01 MB ]

### Reviews

*This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.*

*-- Lillie Toy*

*It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.*

*-- Miss Marge Jerde*