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## Dreaming True: How to Dream Your Future and Change Your Life for the Better

By Robert Moss

Gallery Books. Paperback. Condition: New. 384 pages. Dimensions: 8.4in. x 5.4in. x 1.1in. In our dreams, all of us are psychic. -- Robert Moss Dream True Change the way you dream. . . and take control of your destiny Robert Moss helps countless people live more enriched lives by working with the energy and insight of their dreams and becoming conscious dream journeyers. One of the greatest dreamers of all time was Harriet Tubman, who personally escorted three hundred slaves to freedom along the Underground Railroad. On the eve of the American Civil War, Tubman was guided by specific dreams to safe houses, river crossings, and friendly helpers she had never encountered previously. As Moss explains, our own dreams run like an Underground Railroad through our lives, offering us paths to creativity, healing, and mutual understanding. He shows us how to dream true the way Harriet Tubman dreamed true: how to dream the future, how to go back inside our dreams to clarify their messages and use the information to make wiser choices, and how to bring through life-helping guidance for others. Dreaming True explores many levels of dreaming and how we can dream with the body in order to stay...

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