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## Retiring Happy: The Ultimate Guide to Freedom and Success After You Retire

By J D Rockefeller

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Retiring can be and has to be a happy time. You can take lengthy vacations, create your own schedule and spend the money you d been saving. It is true for many retirees, in general, people normally begin their lives happy, only to have their sense of well-being drop in adulthood. There s no surprise here: Raising a family, working long hours and making future savings are high-stress endeavors. After you reach 65, although happiness will pick again, not peaking till you reach 85. A recent survey of MONEY readers noted that 48 percent of retirees reported being much happier during retirement than expected, and about 7 percent reported disappointment. So then how you can ensure and maintain this blissful trend? Financial security can help as well as good health. A recent financial survey noted that 81 percent of retirees noted health as one of the most important elements for a happy retirement. Other triggers are somewhat less obvious. Let s look at how you can retire blissfully.



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