



Starfish Lined Journal: Medium Lined Journaling Notebook, Starfish Cover, 6x9, 130 Pages (Paperback)

By Quipoppe Publications

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Starfish Journal - A 6x9 Size Journaling Notebook. Lined pages with medium ruled line spacing for easy writing. 130 writable pages. Lined pages without illustrations offering you maximum space to write. Why Write? Writing with pen and paper helps to boost creativity. Helps to improve your memory. Helps to structure your thoughts. Writing on paper is just as important now as it was 10, 20, 50 years ago. Maybe even more. Online media offer many distractions. It s so easy to quickly click or swipe. You might almost forget to just sit down and write down your thoughts, your list of things, draw or doodle whatever is on your mind. Many people talk about mindfulness, conscious living, but getting this notebook and taking time to write or draw helps to get some rest, to get grounded, to pace yourself. Creativity and Inspiration Writing by hand will increase your creativity. It helps you focus your energy and support your flow. Whether you are structuring strategic plans, organising your day, writing your next book, or jotting down your thoughts as a reminder, writing...

DOWNLOAD



READ ONLINE
[2.31 MB]

Reviews

Merely no words to spell out. It is amongst the most awesome publication i have read. Your life span will likely be transform as soon as you full reading this book.

-- **Marvin Okuneva**

Completely among the best publication I have got at any time go through. I have got go through and so i am confident that i will likely to read again once more down the road. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Zachery Mertz**