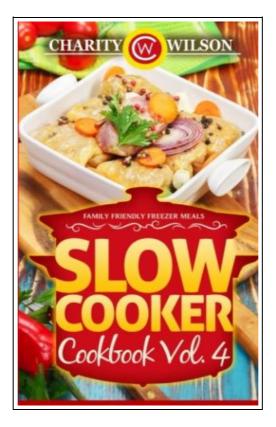
Slow Cooker Cookbook: Vol. 4 Family Friendly Freezer Meals



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Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand ******. Amazing Slow Cooker Freezer Meal Recipes That Free Up Your TimeAre you tired of the dinner rush when you roll through the door after a long day of work? Do you wish you could smell the aroma of an amazing meal, hot and ready for you as you walk into the room? Well, unless you have hired help to do it for you, a slow cooker is exactly what you need. Oh and if you are wondering, yes, a crock-pot is the same thing. Why Use A Slow Cooker? I fell in love with my slow cooker eons ago. It has made living a healthy lifestyle quick and easy for our busy family. Here are just some of the benefits to mastering the art of slow cooking: Less energy used in comparison to a conventional ovenMakes weight loss easier by ensuring you have the healthy meals you need when you need themSaves you time and money (why eat out when your meal is ready at home) Tenderizes tougher and less expensive cuts of meat Better nutrient retention than other cooking methodsGreat for keeping the house cool while cooking on hot summer daysYou can set it and forget itYour Slow Cooker Cookbook SeriesInside Slow Cooker Cookbook Vol. 4 Family Friendly Freezer Meals you will discover great recipes like: Southwestern Chicken Tacos Butternut Squash Stew Brunswick Stew Tuscan Shrimp Soup Thai Beef with Peanut Saucelf you want an easy way to make more slow cooker meals make sure not to miss out on the rest of the books in the series: Slow Cooker Cookbook Vol. 1: Breakfast Recipes Slow Cooker Cookbook Vol. 2: Soup, Stew Chili Recipes Slow Cooker Cookbook Vol. 3: Delicious Dessert...



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