



## Genuine] Herbal Diet Made Easy Junsheng(Chinese Edition)

By YU JUN SHENG

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pub Date: 2012 Pages: 412 Publisher: the Qingdao Publishing Basic information title: Herbal Diet Made Easy List Price: 29.80 yuan: Yu Junsheng Press: Qingdao Publishing Publication Date: May 1, 2012 ISBN: 9787543681736 Words: Page : 412 Revision: 1 Binding: Paperback: 16 commodity identification: asinB00878TZE4 Editor's Choice Herbal Diet Made Easy listed Diet Fang Fengfu detailed. easy drawn. Dialectic meal. allowing readers to stay at home Diet tonic will be able to use health. with therapeutic body conditioning. so as to achieve physical fitness. disease prevention and the purpose of illnesses. EXECUTIVE SUMMARY No Contents Part 1 Review of Herbal Diet Diet Profile medicated characteristics. classified according to the nature of the Diet raw four. five classified by Diet production methods. nourishing the physical Diet 1 (a) medicated role. Shiquan nourishing soup. ginseng rice balls. cardamom bread the Poria buns (b) the health and longevity Diet. ginseng wind porridge the Shenmai soft-shelled turtle. Cordyceps duck the Eucommia kidney 5. Wuji Hakuho soup 6. pediatric eight treasures pudding 7. Gorgon the porridge (c) the treatment of disease Diet. the application of the...



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