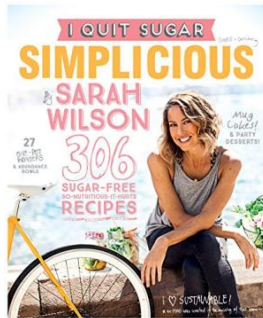


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## I QUIT SUGAR: SIMPLICIOUS (HARDBACK)



Pan MacMillan, United Kingdom, 2015. Hardback. Condition: New. Repr.. Language: English . Brand New Book. Sarah Wilson, bestselling author of I Quit Sugar, taught the world how to quit sugar in eight weeks, then how to quit sugar for life, incorporating mindful, sustainable, whole food practices. Now with I Quit Sugar: Simplicious she strips back to the essentials, simply and deliciously. She shows us:\* How to shop, cook and eat without sugar and other processed foods\* How to buy in...

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- Authored by Sarah Wilson
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