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SOMEONE TO TALK TO: GETTING GOOD AT FEELING BETTER (PAPERBACK)



American Psychological Association, United States, 2017. Paperback. Condition: New. Language: English. Brand New Book. Therapy can be intimidating for anyone, and even more so for children. Someone To Talk To is a straightforward and interactive guide to help children through the therapy process. It is an invaluable therapy accompaniment that covers what to expect, how to prepare, and tips for wrapping up. The pages are full of helpful activities to use before, after, and in conjunction with therapy, as well...

Read PDF Someone To Talk To: Getting Good at Feeling Better (Paperback)

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- Released at 2017



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