



Confidence (2nd Revised edition)

By Alan Loy McGinnis

Augsburg Fortress. Paperback. Book Condition: new. BRAND NEW, Confidence (2nd Revised edition), Alan Loy McGinnis, Discover how you can: build inner strength, handle rejection, develop your uniqueness, keep your flaws in perspective, make friends with your body, find a place to excel, expand your network of love, and help others become more confident. These and other practical guidelines, along with fascinating stories and anecdotes, show how you can increase your self-confidence without falling into the trap of self-worship. A book to help you succeed at being yourself.



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