

## The Productive Leader: How to Achieve More, Reduce Stress and Gain 2 Hours Per Day (Paperback)



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## THE PRODUCTIVE LEADER: HOW TO ACHIEVE MORE, REDUCE STRESS AND GAIN 2 HOURS PER DAY (PAPERBACK)



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Sally Foley-Lewis, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you trying to do more with less? Do you feel pulled in every direction? Are you trapped on the hamster wheel of busy? TIME IS PRECIOUS There are only so many hours in the day. Yet there has never been more pressure to do more, ramp up results and deliver. Interruptions, distractions and bad habits all throw our productivity and potential into chaos. WE RE ON 24/7 It s a cruel irony that in a world of immense connectivity, we feel increasingly disconnected and unproductive. The incessant emails, phone calls and social media alerts steal precious family and leisure time. It can seem impossible to switch off. THE PRODUCTIVE LEADER The productive leader knows how to achieve more. They reduce stress, maximise their time and stay focused by leveraging their skills, people and resources. They are in control, inspire others and are happier. Are you ready to become a productive leader? THIS BOOK WILL: - Uncover the key skills and attributes needed for a more productive approach to your work, your life and your team. - Explore which habits hinder or help your productivity and how these impact on your team and your workload. - Help you discover the ways you can amplify your productivity to bring new levels of achievement and success into your life, work and team. - Show you how you can engage and empower your team to truly drive performance and ramp up their productivity. ENDORSEMENTS: This is a fast-moving, practical book that shows you how to increase your performance, results and rewards immediately. Every step or idea is proven and easy to apply. Brian Tracy, Best-Selling Author, East That Frog. Sally Foley-Lewis has written the penultimate book on...



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