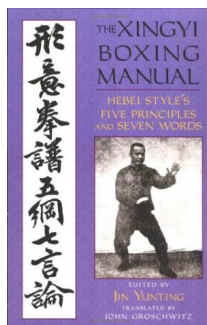


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THE XINGI BOXING MANUAL: HEBEI STYLE'S FIVE PRINCIPLES AND SEVEN WORDS



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- Authored by Yunting, Jin; Groschwitz, John (Trans.)
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