



## A Little Bit of Nothingness

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By Karl Renz

Aperion Books, United States, 2012. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. An inspirational telling of all of the truths we humans have been taught to deny. -Midwest Book Review The teachings of Karl Renz are a bit like Zen Koans-those short statements that stop the mind s activity by contemplating their paradoxical meaning. But Karl will take you even further: contemplating his words have the power to turn the mind back upon itself, toward our original awareness of Being. A Little Bit of Nothingness is a unique juxtaposition between dialogues of Karl Renz and the eighty-one verses of the Tao Te Ching. Here, the reality of the Tao -the unnameable, original cause of all that is-becomes evident as our own reality by the deep insights provided through Karl. The search for happiness usually takes us on an outward journey where we find ourselves identifying with everything except that which we truly are. What we really need is to taste a little bit of nothingness -the absence of any kind of presence that we believe ourselves to be. This is who we really are: our true self....

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