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THE SIMPLICITY DIET: FOR YOUR BODY YOUR LIFE (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Tonya Lewis is a Holistic Health Coach, Nutrition Expert, Ingredient Research Author, Business Development and Lifestyle Coach from Spokane, WA. Tonya has helped thousands of clients nationwide with her nutrition workshops and coaching programs. Currently studying to obtain her Holistic Health Practitioner License, Clinical Master Herbalist, and Certified Nutritionist Consultant License - she will be launching her online HHP Consultation Programs Academies...

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- Authored by Tonya Lewis
- Released at 2017



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