



## The Kosher Food Cookbook: Kosher Food Recipes, Delicious Kosher Food You Can Cook at Home (Paperback)

By Martha Stephenson

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What does the word kosher actually mean? In this century, it can refer to anything that is legitimate, permissible, or genuine. Is it kosher to eat giraffe? Well, the answer to that will depend on who you ask! The literal meaning of the word comes from the Hebrew word kasher which translates as proper or lawful. In Jewish Law, in order for food to be kosher it must be ritually cleaned and prepared. But kosher cooking means so much more than preparing food responsibly. It refers to a set of detailed biblical laws that dictate the sorts of food a Jewish person is allowed to eat and the specific way in which it has to be prepared. In other words, in order for food to be considered kosher all ingredients in every recipe and product, and the process by which they have been prepared and cooked must be kosher compliant. Kosher foods are basically categorized into three sections: Meat, Dairy, and Pareve. It is not permissible to eat or cook meat and dairy products together. Pareve are neutral foods, and can...

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