



Prepper s Long-Term Survival Guide: Food, Shelter, Security, Off-the-Grid Power and More Life-Saving Strategies for Self-Sufficient Living (Paperback)

By Jim Cobb

Ulysses Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. A STEP-BY-STEP, DON T-OVERLOOK-ANYTHING WORKBOOK OF DIY PROJECTS THAT PREPARE HOME AND FAMILY FOR ANY LIFE-THREATENING CATASTROPHE The preparation you make for a hurricane, earthquake or other short-term disaster will not keep you alive in the event of widespread social collapse caused by pandemic, failure of the grid or other long-term crises. Government pamphlets and other prepping books tell you how to hold out through an emergency until services are restored. This book teaches you how to survive when nothing returns to normal for weeks, months or even years, including: *Practical water collection for drinking and hygiene *Storing, growing, hunting and foraging for food *First aid and medical treatments when there s no doctor *Techniques and tactics for fortifying and defending your home *Community-building strategies for creating a new society.

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