



The Autoimmune Solution: Prevent and Reverse the Full Spectrum of Inflammatory Symptoms and Diseases

By Amy Myers

HarperCollins, United States, 2015. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Over 90 percent of the population suffers from inflammation or an autoimmune disorder. Until now, conventional medicine has said there is no cure. Minor irritations like rashes and runny noses are ignored, while chronic and debilitating diseases like Crohn's and rheumatoid arthritis are handled with a cocktail of toxic treatments that fail to address their root cause. But it doesn't have to be this way. In *The Autoimmune Solution*, Dr. Amy Myers, a renowned leader in functional medicine, offers her medically proven approach to prevent a wide range of inflammatory-related symptoms and diseases, including allergies, obesity, asthma, cardiovascular disease, fibromyalgia, lupus, IBS, chronic headaches, and Hashimoto's thyroiditis.



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Reviews

Absolutely essential go through book. It can be really fascinating through studying period of time. You won't truly feel monotony at any time of your respective time (that's what catalogues are for concerning in the event you question me).

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This sort of publication is everything and made me seeking forward and much more. Better than never, though I am quite late in start reading this one. I am easily could possibly get a delight of reading through a created pdf.

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