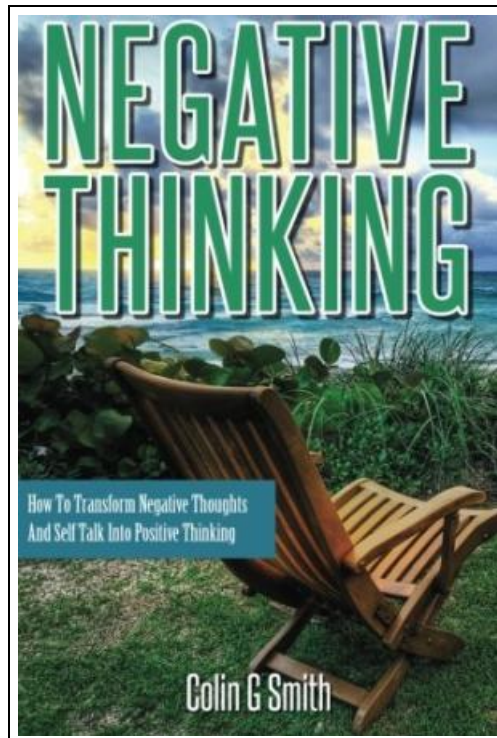


## Negative Thinking: How to Transform Negative Thoughts and Self Talk Into Positive Thinking



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