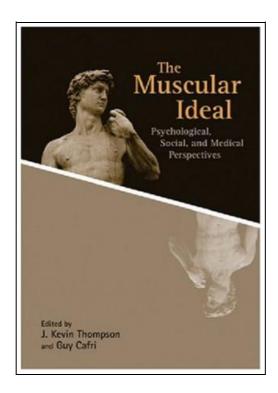
The Muscular Ideal: Psychological, Social, and Medical Perspectives (Hardback)



Filesize: 5.66 MB

Reviews

Complete information for book fanatics. It normally does not cost excessive. I am very easily can get a satisfaction of reading a created publication.

(Mrs. Winifred Fritsch)

THE MUSCULAR IDEAL: PSYCHOLOGICAL, SOCIAL, AND MEDICAL PERSPECTIVES (HARDBACK)



American Psychological Association, United States, 2007. Hardback. Condition: New. Language: English. Brand New Book. The muscular ideal is increasingly becoming the preferred body type for men, adolescent boys and even some women. Why is this body type the new ideal, and how did it develop? Why are some people driven to achieve heightened muscularity, and how do they do it? What risks to physical and mental health are involved when extreme behaviors are undertaken in the pursuit of the muscular ideal? This edited book draws on new research to provide an overview of the muscular ideal, including historical and present socioeconomic trends, assessment and measurement issues, and clinical presentation of disorders such as muscle dysmorphia. Chapters also cover related issues such as steroid use, repeated cosmetic surgery, and prevention issues. The target audience includes sport and health psychologists, clinical and counseling psychologists, and graduate students in psychology, sociology, gender roles, and health and sport science courses.



Read The Muscular Ideal: Psychological, Social, and Medical Perspectives (Hardback) Online

Download PDF The Muscular Ideal: Psychological, Social, and Medical Perspectives (Hardback)

Related eBooks



Czech Suite, Op.39 / B.93: Study Score

Petrucci Library Press, United States, 2015. Paperback. Book Condition: New. 244 x 170 mm. Language: English. Brand New Book ***** Print on Demand *****. Composed rapidly during April of 1879 in the wake of his...

Read eBook

»



Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!

Harriman House Publishing. Paperback. Book Condition: new. BRAND NEW, Millionaire Mumpreneurs: How Successful Mums Made a Million Online and How You Can Do it Too!, Mel McGee, Inspiring stories from some of the world's most...

Read eBook

>>



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

Read eBook

..



Readers Clubhouse Set B What Do You Say

Barron s Educational Series, United States, 2006. Paperback. Book Condition: New. Ann Losa (illustrator). 142×13 mm. Language: English . Brand New Book. This is volume six, Reading Level 2, in a comprehensive program...

Read eBook

>>



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

Read eBook

**