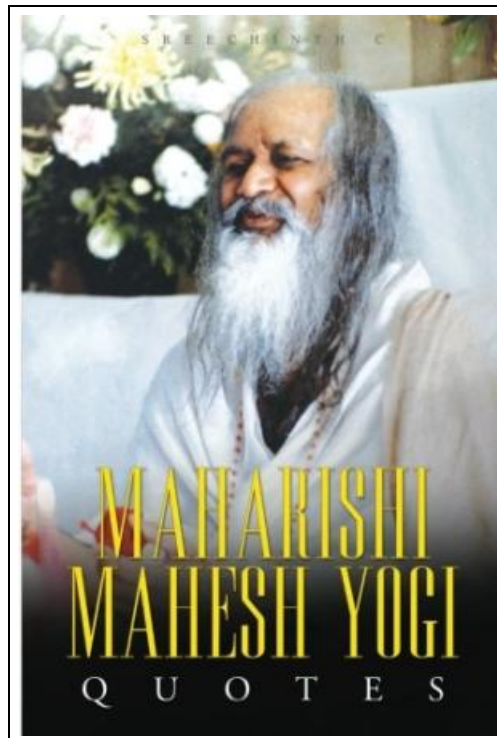


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Maharishi Mahesh Yogi, the spiritual leader and founder of TM aka Transcendental Meditation was an Indian-born foremost teacher of meditation. He was the first to familiarize TM to the west and rose to fame in the 1960 s as the spiritual mentor of The Beatles. Attributed as His Holiness by his devotees, he is often named as giggling guru for his frequently laughing nature. Maharishi was born as Mahesh Prasad Varma, somewhere in Madhya Pradesh. Completing his graduation, he became an ardent disciple of Shankaracharya Swami Brahmananda Saraswati of Jyotir Math whom he called Gurudev (Master). He traveled all around India interacting with the audience and popularized a traditional meditation technique that he learned from his Gurudev (Master) which later renamed as the Transcendental Meditation. Assuming the title Maharishi meaning great sage, he founded the Spiritual Regeneration Movement in 1957. In order to make TM widely popular, he set on a world tour starting with his journey to US in 1959. Establishing centers around the world, TM got wide acceptance among the Westerners. This movement attracted many high profile celebrities including the famous Beatles. With more than five million devotees all over the world, he gave a brand new meditation technique that is much beneficial for health and happiness. Here in this book, we have uncovered his comprehend wisdom as his quotations.



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