



The Quicksand of Agoraphobia: A Memoir of Panic Disorder (Paperback)

By Diane Mengali

Bright Penny, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.According to the National Institute of Mental Health, 6 million people suffer from panic disorder each year, and 15 million have a lifetime prevalence of the disorder. Only one in four people who experience panic attacks receives appropriate treatment. Diane Mengali grew up in Northern California in the 1950s, when family dysfunction was cloaked in denial. On the outside, her family appeared functional and successful, but the part hidden from view was her mother's depression, alcoholism, and suicidal tendencies, and her father's intolerant attitude and infidelity. As a child, Diane internalized her mother's fear and insecurity and by age 10, she had become a chronic worrier. Diane married Dave in 1966. She had her first panic attack in August of 1967. While disturbing, she saw it as an isolated event, not the life-altering siege it soon became. A world of confusion unfolded in 1975 when Diane met Ellen, a registered nurse. What began as a friendship, turned into an affair, forcing Diane to question her sexuality and to seek counseling. After much turmoil, Diane and Ellen moved in together. Her marriage...



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Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

This kind of book is every little thing and taught me to look ahead of time and a lot more. I am quite late in starting reading this one, but better than never. I found out this book from my dad and he encouraged this pdf to find out.

-- Justus Hettinger