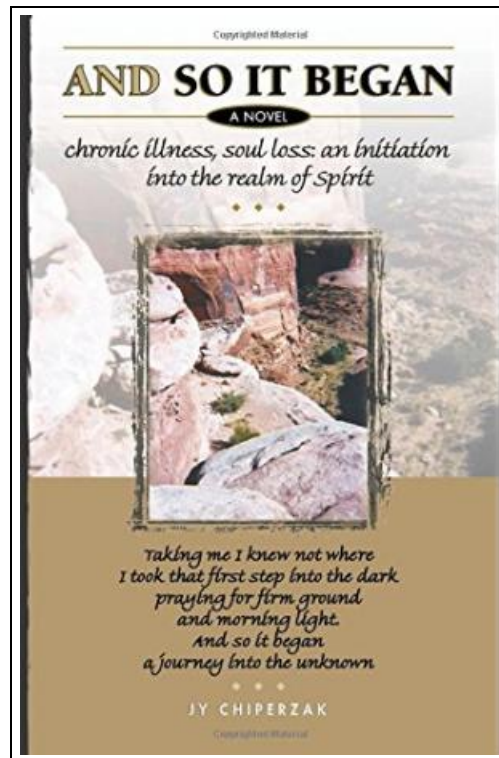


And So it Began (Paperback)



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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

AND SO IT BEGAN (PAPERBACK)



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Trafford Publishing, Canada, 2000. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In *And So It Began*, Rob, a body cut off from the living of life, dies of his old self and is reborn as Bran , the Raven. From the dis-spirited inner darkness of Chronic Fatigue Syndrome *And So It Began* flies in the face of the ensconced western medical model of disease, relating an otherworld journey of self discovery and a new understanding of dis-ease and wellness. Rob, a successful organic farmer and Executive Director of a conservation organization, *Trees For The Future*, collapses in questioning despair from the rigours of CFS. This fall brings him to the brink and finally over the threshold of his scientific and cultural rationalism, the defining principals of what he constitutes ordinary reality. Confronted with a waking vision, the barrier to a new manner of perception dissolves. With great difficulty he sets aside his beliefs in the way he thinks things are, the way of the world, the illusion that is consensus reality, and is transported into the otherworld of visions, dreaming and the Spirits of Nature. For Rob, his illness becomes a journey of transition, self knowledge and empowerment. He goes beyond his dis-ease to the very constructions of his ego self and of his images of self worth based upon the doing and creations of career. Propelled by visionary and shamanic experiences he undertakes a number of vision quests. These fasting, pan-cultural experiences in the solitude of the desert wilderness change his life. Rob was not called to exotic lands in search of gurus, shamans or quiet ashrams, his journey is into the wilderness, the darkness within himself, hidden away for fear of what might be revealed, and into the wilderness outside of him,...



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