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Ignite the Spark: 7 Strategies for Mature Women for Reinventing Your Relationship and Reigniting Your Passion (Hardback)

By Gina Mitchell

Evolve Global Publishing, 2014. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This is a no nonsense guide to finding yourself and either rediscovering the passion in your relationship and making it flourish or realising it is time to move on and leave with love and integrity. In short you will find the purpose and happiness you have been craving. Author, Gina Mitchell is the founder of Positive Life Shift. She has successfully helped people from Australia and around the world with their relationships and their lives in general since 2012. Gina uses simple and effective strategies to help people overcome issues in their lives, particularly in their relationships. Gina has always had a passion for helping people and that is why she undertook the NLP training and life coaching courses. She also completed an Honours degree in Biochemistry and teaching diploma in the 1980s. Gina brings to the table the logic of her science experience along with her real life skills in science teaching, backed up with her NLP qualifications. This is a unique combination of skills for a relationship facilitator. Don t forget to register your book to receive the interactive chapter...



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