

Weight Watchers One Pot Cookbook (Hardback)

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Reviews

Great e book and beneficial one. It is amongst the most awesome pdf i actually have read through. You wont feel monotony at at any time of your own time (that's what catalogs are for relating to if you request me). (Dorothy Daugherty)

WEIGHT WATCHERS ONE POT COOKBOOK (HARDBACK)



Houghton Mifflin Harcourt Publishing Company, United States, 2011. Hardback. Condition: New. Language: English . Brand New Book. One pot and you re done--delicious recipes using everyday kitchen equipment With every day so busy, wouldn t you just love to throw everything in one pot and have dinner ready? With Weight Watchers(R) One Pot Cookbook, you II find 300 super-tasty and healthy one-dish recipes that the whole family will love. These no-fuss recipes are more than just easy--they are healthy and nutritious, as they come from the culinary experts at Weight Watchers. You II find over 300 delicious and comforting one-pot recipes that include casseroles, pastas, soups and stews, light stir-fries, and desserts--all accompanied by 100 beautiful, 4-color photographs. Organized by type of cooking vessel--everything from casserole dishes, skillets, woks, saucepans, slow cookers, pressure cookers, even specialty equipment such as fondue pots--this book lets you make the most of your kitchen tools while cooking delicious meals for the whole family. Also included in this ultimate cookbook: All recipes include nutrition information and Weight Watchers PointsPlus valuesExtra Healthy Tips provide easy suggestions for additions to the recipesTons of introductory information on each type of pot--from skillets to slow cookers--is also includedFor great-tasting, nutritious meals that are easy to prepare and quick to clean up, turn to Weight Watchers One Pot Cookbook.

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