



Developing Your Counselling and Psychotherapy Skills and Practice

By Laco Timulak

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Developing Your Counselling and Psychotherapy Skills and Practice, Laco Timulak, This book offers a helping hand to trainees wishing to make the transition to the next level in their counselling and psychotherapy training. With wide-ranging content closely aligned to actual practice, this intermediate level text covers the research-informed skills, interventions, processes and issues that students need to know once they've covered the basics. It includes: - Specific techniques from different therapeutic orientations - How to tailor the skills or approach used to the specific client problem - Case conceptualisation and management - Therapeutic alliance; establishing and exploring the relationship - Ethics - Multidisciplinary working - How to deal with situations such as silence, crying, and aggression. Integrating cognitive, behavioural, person-centred/experiential and psychodynamic approaches, the author provides research-informed practical instructions on how to deliver therapy and includes extracts from counselling sessions to demonstrate the skills in action. This is essential reading for postgraduates on Counselling and Psychotherapy Diplomas and Masters courses, and will also be of benefit to Clinical and Counselling Psychology students.



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It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- Miss Marge Jerde

It is really an remarkable publication i actually have possibly study. It usually is not going to cost excessive. Its been written in an exceedingly basic way and is particularly only right after i finished reading this publication through which basically transformed me, affect the way i think.

-- Dr. Breana O'Kon

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Depression: Cognitive Behaviour Therapy with Children and Young People

Taylor Francis Ltd, United Kingdom, 2009. Paperback. Book Condition: New. 242 x 174 mm. Language: English . Brand New Book. In recent years there has been an increase in research into childhood depression, and it is now recognised that depression can severely...



Mom Has Cancer!

Barron's Educational Series. Paperback / softback. Book Condition: new. BRAND NEW, Mom Has Cancer!, Jennifer Moore-Mallinos, Marta Fabrega, The sensitively written " Letas Talk About It Books " encourage preschool-age and early-grades children to explore their feelings, deal with problems that trouble...



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Bloomsbury Publishing Plc. Paperback. Book Condition: new. BRAND NEW, Unbored Adventure: 70 Seriously Fun Activities for Kids and Their Families, Joshua Glenn, Elizabeth Foy Larsen, Tony Leone, Mister Reusch, Heather Kasunick, UNBORED Adventure has all the smarts, innovation, and free-wheeling spirit of...



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Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, My Friend Has Down's Syndrome, Jennifer Moore-Mallinos, Younger children are normally puzzled when they encounter other kids who suffer from Down's Syndrome. Here is a heartwarming and reassuring story of how an...



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Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, My Brother is Autistic, Jennifer Moore-Mallinos, Medical experts are just beginning to understand varying degrees of autism and its impact on both the autistic child and his family. This book describes an...



Iceland

Children's Press(CT). Paperback / softback. Book Condition: new. BRAND NEW, Iceland, Kathleen W Deady, - Perfect for school reports on Iceland.- Includes large, beautiful color photos.- An original country map with labels that match the text is included.- Includes an index, a...