



Will it Make the Boat Go Faster?: Olympic-winning Strategies for Everyday Success

By Harriet Beveridge, Ben Hunt-Davis

Troubador Publishing. Paperback. Book Condition: new. BRAND NEW, Will it Make the Boat Go Faster?: Olympic-winning Strategies for Everyday Success, Harriet Beveridge, Ben Hunt-Davis, Ben Hunt-Davis won Olympic Gold at the Sydney Olympics in 2000 as part of the Men's Rowing Eight. He and Executive Coach Harriet Beveridge have teamed up to show you how to use similar strategies to improve your own life. The pair have been road-testing these methods for 10 years, with clients from all walks of life; managers, leaders, call centre staff, sales reps, athletes and shop assistants; whatever your challenges, whatever your goals, there are ideas that will help everyone. Will It Make The Boat Go Faster? is divided into 11 chapters, each of which is split into 2 halves. Firstly, Ben provides a narrative, recounting an episode from the eight's journey to Gold, and shows the team using the methods in action. Then comes the analysis, explaining why and how the crew did what they did. Simple and chatty, the book is a warts-and-all authentic account of a journey to success that will show you how you can succeed in whatever you want to do. It is aimed at readers interested in personal development...

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