



## An Integrated Approach to Family Work for Psychosis: A Manual for Family Workers (Paperback)

By Gina Smith, Annie Higgs, Karl Gregory

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2007. Paperback. Condition: New. Language: English . Brand New Book. An Integrated Approach to Family Work for Psychosis is a manual for using cognitive behavioural approach to working with families of people with severe mental illness. The authors, all experienced clinicians, discuss the various core components of family work, including what constitutes family work, when it might be offered, and how and where it might be applied. As well as these core concerns, the authors also look at reframing challenges and overcoming common personal and external barriers to effective family work. Each chapter can be read individually or as part of the integrated manual. The central argument of the book is that family work must be individualised and it offers a clear approach to engaging and working with families to ensure that this happens, including guidance on how to link components of a service user's plan with their family's strengths and strategies for reducing stress. The book addresses both theory and practice, and concentrates on the experience of mental illness for the service user and their family, providing a focus for intervention. Exploring family work as an integrated psychosocial and educational support strategy, this manual...



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