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Breakfast in Texas: Recipes for Elegant Brunches, Down-Home Classics, and Local Favorites (Hardback)

By Terry Thompson-Anderson

University of Texas Press, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Texans love the morning meal, whether it's bacon and eggs (often eaten in a breakfast taco) or something as distinctively nontraditional as saag paneer omelets, pon haus, or goat curry. A Lone Star breakfast can be a time for eating healthy, or for indulging in decadent food and drink. And with Texas's rich regional and cultural diversity, an amazing variety of dishes graces the state's breakfast and brunch tables. The first Texas cookbook dedicated exclusively to the morning meal, *Breakfast in Texas* gathers nearly one hundred recipes that range from perfectly prepared classics to the breakfast foods of our regional cuisines (Southern, Mexican, German, Czech, Indian, and Asian among them) to stand-out dishes from the state's established and rising chefs and restaurants. Terry Thompson-Anderson organizes the book into sections that cover breakfast and brunch libations (with and without alcohol); simple, classic, and fancy egg presentations; pancakes, French toast, and waffles; meat lover's dishes; seafood and shellfish; vegan dishes and sides; and pastries. The recipes reference locally sourced ingredients whenever possible, and Thompson-Anderson provides enjoyable notes about the chefs who...



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