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Face to Face: Cultivating Kids Social Lives in Today s Digital World

By Kathy Masarie, Kathy Keller Jones, Ruthi Matinko-Wald

Family Empowerment Network, United States, 2014. Paperback. Book Condition: New. 279 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.A MUST READ for every adult who cares about kids! The message in Face to Face is simple yet profound: Increase actual face-to-face connection and keep childhood real so children will be resilient, healthy, and happy. Major focuses of the book include how digital technology is influencing children s lives and how resiliency and other social/emotional skills need special attention as parents navigate this new terrain. Authored by a team of pediatricians and educators (including the authors of the popular Raising Our Daughters and Raising Our Sons books), this book is a goldmine of neuroscience-based information: How children s brains grow Recommendations for being mindful about screen time and reducing busy-ness Parenting with social/emotional learning (SEL) in mind How to support children in building healthy friendships as well as in managing social group dynamics Latest research on the key importance of connection and empathy in curtailng and reducing the harm of bullying Best practices for fostering resiliency The recurring themes in each of Face to Face s 7 chapters are: Stay Connected, Cultivate Empathy, Create Safe...



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