



You Can Make It Happen: How Breakthroughs in Neuroscience Can Transform Relationships (Paperback)

By Eva Berlander

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Having a difficult relationship can be extremely painful. When couple therapist Eva Berlander inspires us to celebrate our conflicts, she wants to motivate us to see our conflicts from a new perspective, so that we can find a way to rewire our brains, establish deep contact and experience real love. We can actually make use of conflicts to build a better relationship. You Can Make it Happen is a book based on the new Interpersonal Neurobiology Research (IPNB) on how the brain works and describes a clear communication model for couples. We also meet the fictitious couple Lisa and Michael. Endorsements: Every couple wanders through the wilderness and every couple knows despair. Couples therapist Eva Berlander has walked that road with determination, grace and grit. In YOU CAN MAKE IT HAPPEN, she shares a wealth of knowledge and experience as a therapist, a wife, and a wise guide. She has the profound perspective that the difficult chapters in the life of two committed partners are essential to the unfolding of two mature, differentiated, truly loving adults. - Hedy Schleifer PhD, is the director...



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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso's groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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