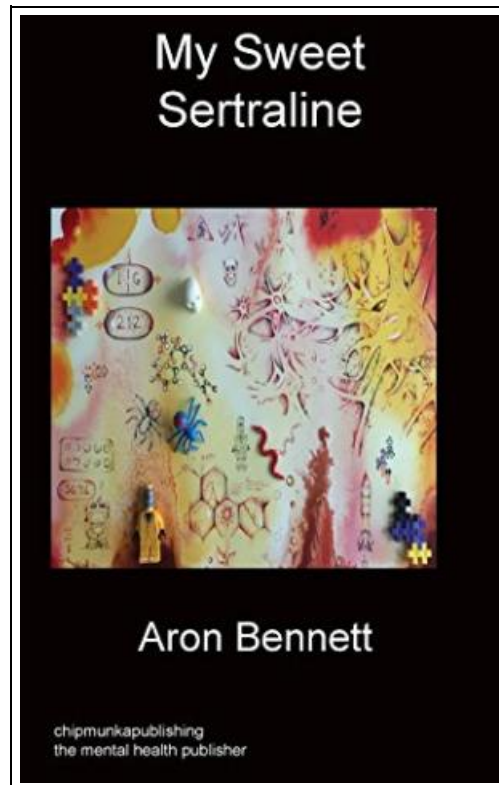


My Sweet Sertraline (Paperback)



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MY SWEET SERTRALINE (PAPERBACK)

Chipmunka Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Description Everything in life is writable. Or so claimed Sylvia Plath, an author of both staggering lyrical talent as well as first-hand experiences of mental ill health. These days, mental illness, thankfully, occupies a much more serious place in societal discourse. Even the Royal Family are publicly campaigning for the improved mental wellbeing of young people, veterans, and the homeless. All the while, we are encouraged as a nation to open up; to go public. The following diaries cover a relatively stable period of my life. A life quelled by SSRI (selective serotonin reuptake inhibitor) intervention, which, to this day, sparks much controversy. A harmful narcotic, a short term Band-Aid or a useful long term adjunctive? The context of this book is not to provide definitive answers to this question, but simply to share first hand experiences of a modern life tinged with mental illness. About Born in 1986, Aron Bennett from Norwich has lived with mental illness for a number of years. A Law graduate from Lancaster University, Aron is a keen philosopher and social critic. Aron s belief in writing as therapy (both for individuals as well as for wider society) goes to the core of his commitment to producing thought-provoking works, including semi-autographical essays, diaries and more. Aron is a tireless seeker of truth and spends the majority of his time challenging stigma and harmful forms of conventional wisdom .



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