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## Tea Leaves: A Little Book about Being Who You Are (Paperback)

By Ndidi

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Tea Leaves is a collection of quotes by the author with commentary. Ndidi, the author encourages the reader to experience peace, joy and happiness in the present moment. The book explores nine principles for a joyful life, that are inspirations for other books by the author, including African Zen; Finding Joy-Finding Yourself, and A daily Sip of Joy and Peace. Through the nine principles, the reader develops a deeper trust and faith in the relationship to All-That-Is; remembers that kindness to self and others resonates throughout the world; and that each of us can choose to be peaceful. Nine principles also encourage us to set aside worries and fears; honor every living thing in the universe; and express love in the work we do. Lastly, the principles urge us to reveal our passion to create in the world; acknowledge that love is pervasive in life; and that we already have what we are seeking. This little book is intended to invite the reader to remember the magnificence of being alive.

### Reviews

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*-- Clair Windler*