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## Easy One-Pot: Over 100 Tasty Recipes for Busy Cooks (Paperback)

By -

Ryland, Peters Small Ltd, United Kingdom, 2017. Paperback. Condition: New. UK edition. Language: English . Brand New Book. An array of wonderfully simple recipes inspired by cuisine from all around the world. Filling and delicious food for people with busy lives who still want to eat freshly cooked, tasty meals. If you want great home-cooked meals with minimum washing-up - and need to keep to a budget - this book is for you. For lunch or a light supper, try Hearty Soups and Substantial Salads, from Lentil, Spinach and Cumin Soup to Sweet Potato Salad. In Tortillas, Frittatas and Other Egg Dishes you ll find fun Bacon and Eggs in a Pan and Sun-dried Tomato and Parmesan Frittata. Noodles and Stir-fries are quick and tasty, from Five-spiced Duck with Aubergine and Plums to Chicken and Yellow Bean Stir-fry and classic Pad Thai. If you love rice, try Risottos, Paellas and Other Rice Dishes, where the rice cooks in the pan with the other ingredients. Take your pick, from Saffron Fish Pilaf to a Paella of Summer Vegetables. Curries and Tagines are great one-pot options. Try a tasty Chicken Tagine with Preserved Lemon or Beef Madras. If you want a dish...



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