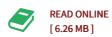




Teacher Education and Embodiment

By Chan, Kam Chi

Condition: New. Publisher/Verlag: VDM Verlag Dr. Müller | Cultural Diversity as Concept and Practice | Drawing upon scholarly work in multicultural teachereducation, contemporary social theory and somaticsstudies about the body, culture, and knowledge, and the Asian theory and practice of self-cultivation, this study explores the use of ethnic movement practices as a tool to enhance teachers understanding and appreciation of cultural diversity. Three in-service teachers journeys of participating in five culturally different movement forms: African American, Caribbean and Korean dances, Chinese taichi chuan, and Indian yoga were the center of inquiry. The findings indicate that cross-cultural movement practices can be an effective tool to breakdown barriers among individuals and open a door of discussions on cultural perceptions and beliefs; engage individuals in movement experiences that involve sensory engagement; provide individuals withan opportunity of experiencing the rediscovery of body-mind unity; enhance individuals understanding of the dialectical relationship between self and culture; and cultivate a multicultural self so that individuals not only intellectually understand cultural diversity but also physically appreciate being in a culturally different setting. | Format: Paperback | Language/Sprache: english | 180 pp.



Reviews

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