

Playing to Lose: Actually, You Will Only Win and Learn (Paperback)

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Reviews

Most of these pdf is the perfect ebook available. It is actually rally intriguing throgh reading period. I am pleased to explain how this is actually the greatest ebook we have read within my personal life and might be he finest publication for actually. (Prof. Dario Lang)

PLAYING TO LOSE: ACTUALLY, YOU WILL ONLY WIN AND LEARN (PAPERBACK)



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Balboa Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. An open heart has the quality of fearlessness, like a child who dares to play and wonder and has the audacity to question the existing and great courage to make mistakes. We have been taught to prove ourselves, please others and win all the time, but when we actually learn to relax more and not become overly bothered by the need to win or be right, we do not lose anything but create bigger space for greater fun, sharing and a lot of new learning opportunities in life. My spiritual teachers once said -Whatever you offer to others belongs to you. Whatever, you cling on for yourself belongs to others. That which you offer turns to gold. That which you hold back turns to coal- I invite you to play and play full out. Simple reflections on education, spirituality, and health.

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