



The Pocket Guide to Understanding A.D.H.D.: Practical Tips for Parents

By Christopher Green, Kit Chee

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, The Pocket Guide to Understanding A.D.H.D.: Practical Tips for Parents, Christopher Green, Kit Chee, The Pocket Guide to Understanding A. D. H. D. offers authoritative but instant, practical and commonsense advice for parents, including the latest research on this distressing and misunderstood condition. In his typically friendly and direct style, Dr Chris Green, with Dr Kit Chee, explains the causes and effects of A. D. H. D. and provides quick, practical strategies to help cope with common problems such as inattention, impulsiveness and underachievement and includes advice on: - how to identify A. D. H. D. in your child - medication and alternative therapies - where to get support - improving behaviour at school and home And much more!.



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