



Awakening to the Obvious

By Adyashakti

Createspace, United States, 2013. Paperback. Book Condition: New. 202 x 126 mm. Language: English . Brand New Book ***** Print on Demand *****.In January, 1994, after a contemplative practice of more than two decades, I awoke to the transcendent heart. That fact, plus a couple bucks, entitles me to a (small) cup of Starbucks coffee. I have waited nearly 20 years to publish these essays about my experience of awakening-in order to give the stink of enlightenment time to wear off. My penname, Adyashakti, is Sanskrit for Primordial Energy. I m a former national magazine editor, and an award-winning author of several novels. I m married (for more than a quarter century), with two grown sons, a grizzled old greyhound, and a nearly paid-off mortgage. I am not a guru, lama, roshi, or spiritual master, nor any kind of purified or perfected human being. I am not living in a special state of grace, nor undergoing unusual experiences, nor do I possess super-normal abilities. Indeed, without wearing glasses, I would not even be able to clearly see these words as I type. In short, nothing about me as a personality could be called extraordinary. Yet this does not detract...

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