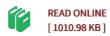




## Taking Space: How to Use Separation to Explore the Future of Your Relationship

By Robert Buchicchio

CharLer Publishing. Paperback. Book Condition: New. Paperback. 336 pages. Dimensions: 8.9in. x 5.8in. x 0.9in.With the high rate of divorce and breakups, marriage and family experts point to the fact that people dont learn from the mistakes of a failed relationship and assume the next relationship will be better, making little effort to fix or understand what didnt work. There are plenty of self-help books for committed couples on how to enrich a marriage and scores of guidebooks on how to manage through a divorce, but very few focus on partners with differing degrees of commitment where the separation process itself is viewed as an opportunity for self-growth. Taking Space: How to Use Separations to Explore the Future of Your Relationship provides struggling couples and individuals with a step-by-step process for managing separations. This model allows people to view and use separations as a proactive way to get space, reduce conflict, and focus on self-growth. This method can even work with a non-cooperating partner. This problem-solving road map teaches partners how to design a separation plan that addresses their specific issues by pinpointing 10 essential tasks necessary to maneuver through an often highly stressful experience. The steps are applied through...



## Reviews

The most effective ebook i at any time study. It can be writter in easy words and phrases and not difficult to understand. I am just pleased to let you know that this is the finest publication i have read within my individual lifestyle and could be he finest publication for at any time.

-- Tania Mosciski

Simply no phrases to describe. It is amongst the most awesome pdf we have read through. Your life period will probably be transform as soon as you complete looking over this publication.

-- Torrance Skiles