



Understanding Troubled Minds: A Guide to Mental Illness and its Treatment (Hardback)

By Bruce S. Singh

New York University Press, United States, 1999. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Most of us take our mental health for granted. But when confronted by mental illness in our family, our friends, or ourselves, even the most competent among us is likely to become bewildered. Understanding Troubled Minds provides a calm and authoritative guide to the full range of specific mental illnesses and available treatments. It deals with particular patterns of illness in women, children, and the elderly. It stresses the value of partnership among psychiatrists, patients, and their families. And it places this knowledge within the framework of modern psychiatry—from the history of the profession to just what it is that psychiatrists and fellow health-workers do, and how they can help. A sense of hope and optimism prevails within these pages. The authors, both eminent psychiatrists with long practical experience, stress that great strides are being made in the treatment of mental illness. But they also warn against the lure of the instant cure. Acknowledging the complexity of human nature, they weave the stories of real people and the insights of many writers throughout their text. Balanced, up-to-date, thoroughly readable,...



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